



*"Of all the therapies I have tried horse therapy is the most beneficial for my Cerebral Palsy."*  
—Lisa Gaines, Equestrian of the Year



*"My son has so many difficulties at home and school—but he's like a different child when he comes to Triple H. This is the only activity my son succeeds in 100% of the time."*  
—Melissa, the mom of Taden, Triple H Jr. Equestrian of the Year

## The Magic of Horses

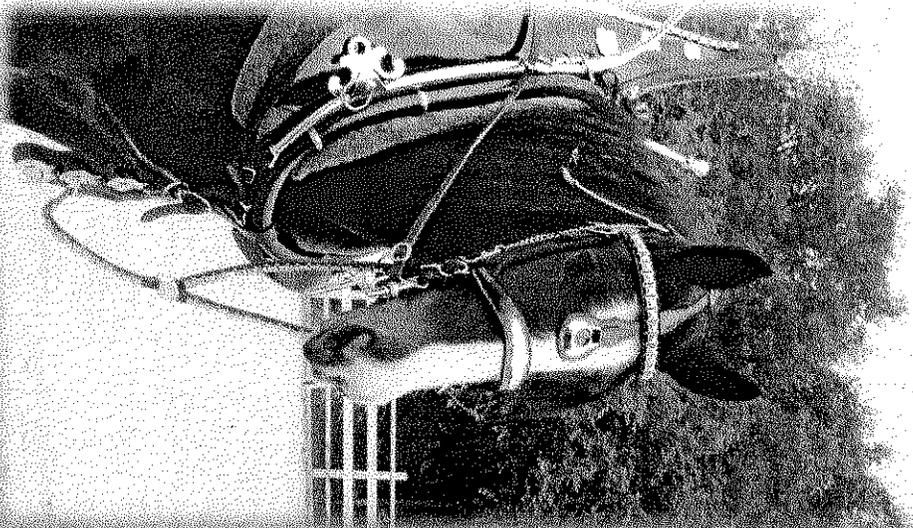
For those who live with mental or physical disability, a special relationship with horses opens the door to new realms of possibility.

Horse and human become partners in a therapeutic relationship that offers the opportunity to explore abilities, develop strengths, and overcome perceived barriers.

Horses carry the wisdom of healing in their hearts—and they offer it to humans who possess the humility to listen.

Triple H Equitherapy Center  
(Horses Helping the Handicapped, Inc.) incorporated in Texas in 1995 and received nonprofit 501(c)(3) tax-exempt status from the IRS in 1996.

Tax deductible donations help maintain a herd of 18 special therapy horses and provide scholarships so that any child with a special need, any adult with a disability, and any wounded Veteran can participate in life-changing therapy through the magic of horses.



**TRIPLE H  
EQUITHERAPY  
CENTER**  
Where Horse Power Heals



Noah discovers absolute joy through the magic of horses!

## What Is Equitherapy?

Equine facilitated therapy (Equitherapy) is the use of horses to achieve goals that enhance physical, emotional, social, cognitive, behavioral, and educational skills for people who have disabilities.

## Horse Powered Programs

at Triple H serve children, at-risk youth, adults, and Veterans with special needs by promoting healing that changes lives.

**Hooves, Hearts & Heroes**—experiential learning and therapeutic riding for special needs students in collaboration with local schools.

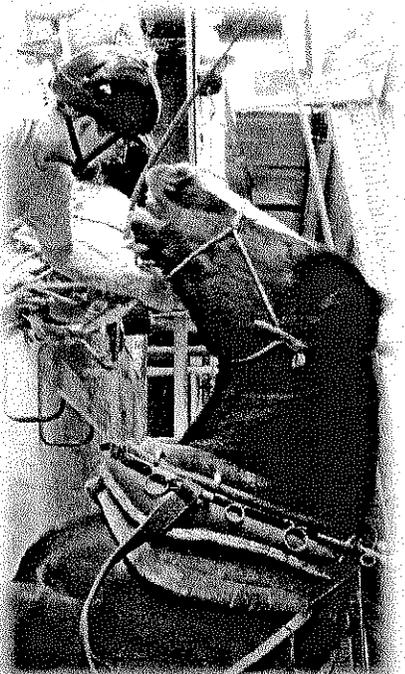
**Riding to Independence**—therapeutic riding for individuals with physical, cognitive, and emotional challenges.

**From Fear to Responsibility**—equine facilitated psychotherapy for children and at risk youth referred by private therapists, schools, juvenile justice agencies, and residential facilities for troubled children.

**Horsemanship First**—equine assisted curriculum consisting of ground (dismounted) activities promoting emotional healing and psychological well being for children, youth, and adults with mental health disabilities.

**Horse Power Project**—healing and wholeness for Veterans with emotional and physical challenges. In collaboration with PATH's Horses for Heroes program, Wounded Warriors Project®, and other Veterans' organizations, Triple H promotes honor, hope, strength, and inspiration.

**Wheels of Freedom**—cart and carriage driving for youth and adults with mental or physical disabilities.



Curt, a wounded Veteran, and Daisy share a playful moment while relaxing after a carriage drive.

## Why Triple H?

**Premiere Accreditation**—Triple H exceeds industry standards for safety and professionalism. Since 1998, Triple H has been the only premier therapeutic riding and driving center in the San Antonio and Hill Country areas that is fully accredited by the Professional Association of Therapeutic Horsemanship, International (PATH, Int'l).

**Devoted Volunteers**—The ratio of trained volunteers to program participants is at least two to one. Often, physically fragile participants need three volunteers to help them ride—a horse handler to lead the horse and two side-walkers to help the rider mount, dismount, and remain safe at all times. Triple H programs could not take place without our dedicated and well trained corps of 173 volunteers who donate over 6,400 volunteer hours each year.

## Contact Us

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